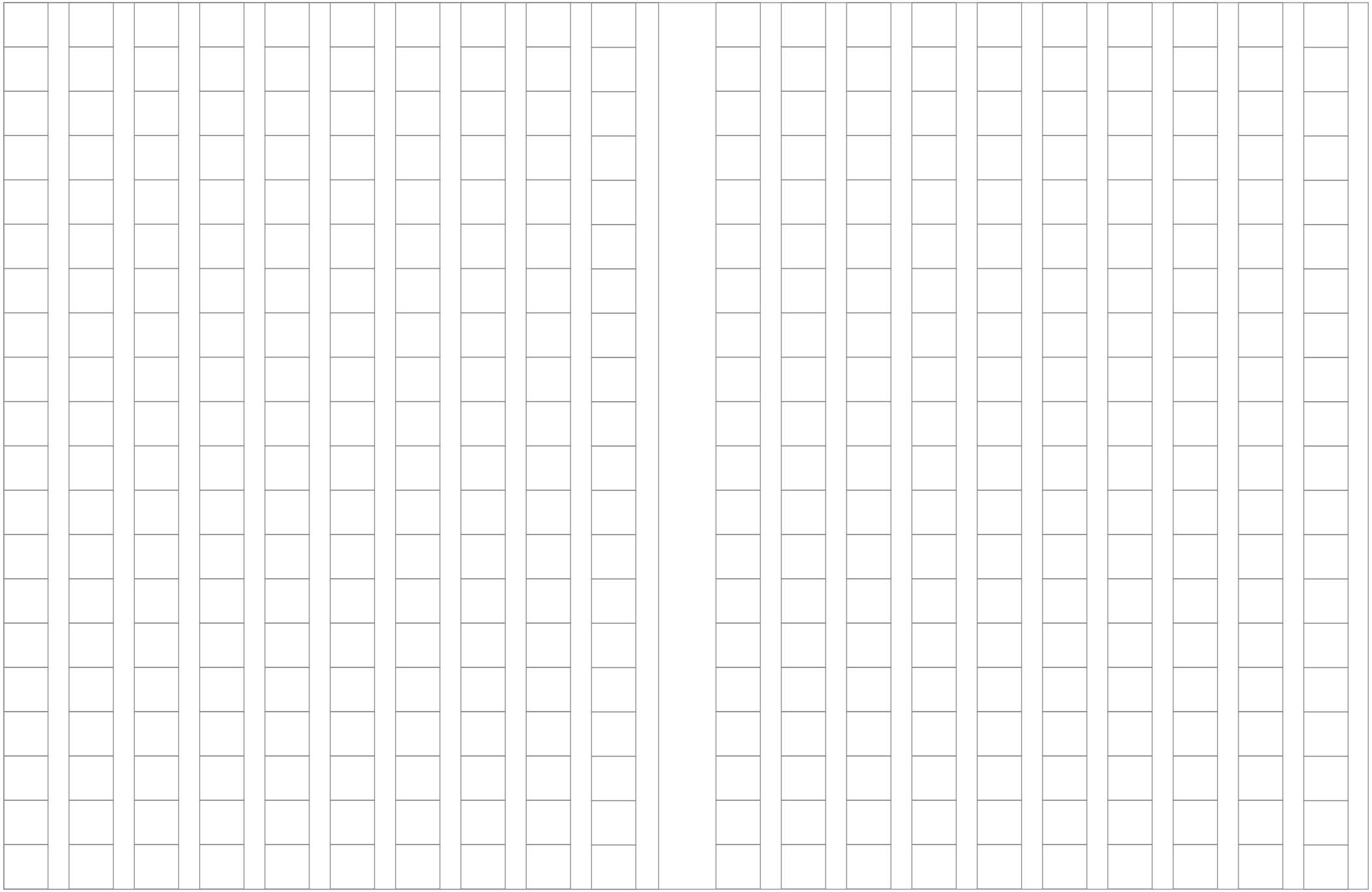原稿紙 yuángǎo zhǐ